

Mental Health in Historical Perspective

# A History of Self-Harm in Britain

A Genealogy  
of Cutting and  
Overdosing

**Chris Millard**



# A History of Self-Harm in Britain

## *Mental Health in Historical Perspective*

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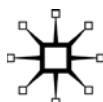
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*For Nathaniel and Lucas Rushton,  
my extraordinary nephews, with love.*